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# **Five Element Audit Worksheet**

**Date:** **Room:** **Bagua Sector:**

**Wood** energy is represented in my space by trees, plants and flowers, blue, green, vertical stripes, columns:

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**Fire** energy is represented in my space by fireplace, stove, electronics, electrical items, people and animals, triangles, cones and pyramids, sunlight, lights, candles:



**Earth** energy is represented in my space by: low, heavy furniture, wood objects, wooden furniture, squares, horizontal rectangles, long flat surfaces, yellow, brown, earth tones, brick, pottery, seashells:

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**Metal** energy is represented in my space by: all metals (gold, aluminum, brass, stainless steel, etc.) white, gray and pastel shades, rocks and stones, circle, oval and arch shapes:

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**Water** energy is represented in my space by: water and water features, glass,

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**Elemental Combinations**:

**Adjustments I’d like to make**: